

eatz&drinkz



**breakfast £7.95 when
booked in advance
(normal price £9.95)**

help yourself to our superb
breakfast buffet - a great start
to the day

children under 12 free when eating with adults

breakfast buffet from:

7:00am to 9:30am Monday to Friday
8:00am to 10:30am Saturday, Sunday
& Bank Holidays

all day menu served:

12:00 noon to 9:00pm daily

...in a hurry

hot drinks, pastries and sweet treats
available from the lounge bar

breakfast to go is also available,
contact reception for details

breakfast

fruits & juices

chilled orange juice
chilled apple juice
fresh fruit salad
compote of berries
sliced melon
fruit selection

cereals, dairy & yoghurt

Bran Flakes, Weetabix, Cornflakes,
Special K and muesli
MOMA porridge **gf**
dried fruits
Greek style yoghurt
semi-skimmed & soya milk
butter & vegetable spread

bread & pastries

wholemeal & white loaves **gfo**
freshly baked baguettes
croissants, pain au chocolat & pain aux raisins
jams, honey, marmalade and Marmite

deli board

selection of cheese
Crema Bel Paese
roast ham

cooked selection

bacon & sausage
free-range scrambled eggs
oven-roasted tomatoes
Heinz baked beans **gf**
rosti potatoes **gf**

hot drinks

freshly made bean to cup coffees

cappuccino, latte, americano & espresso
hot chocolate, mocha
selection of teas

*ask your server for any special dietary requirements
or information on allergens*

v vegetarian **gf** gluten-free **gfo** gluten-free option

all day menu

seasonal soup	£5.45
with baked baguette & butter	
baked pakora –	£6.45/£5.95
chicken or vegetable v vo	
lightly spiced with mango chutney and mixed leaves	
houmous, sun-dried tomatoes & olives v gfo	£6.45
served with toasted pitta bread	
bbq baby back ribs	£6.95
marinated and cooked in a smokey bbq sauce, served with slaw	
nachos v gf	£5.95/£9.95
jalapeños, salsa, sour cream and melted cheese	

speciality sandwiches

sleeperz chicken and bacon club gfo	£9.45
served with mixed leaves and fries	
fish finger sandwich	£8.95
bloomer bread, fries and tartare sauce	
tuna cucumber & mayo gfo	£6.95
baguette, tortilla chips and mixed leaves	

*prefer a more traditional sandwich,
just ask your server.*

salads

sleeperz house salad v gf	£7.95
freshly tossed salad with olives and sun-dried tomatoes choose dressing: Caesar, balsamic and olive oil or lemon mayonnaise.	
with chicken breast gf	£10.95
with salmon fillet gf	£11.95

children's menu - little eatz&drinkz - please ask

*ask your server for any special dietary requirements
or information on allergens*

sleeperz burgers

served with mixed leaves on a
brioche bun with a fries and slaw

6oz beef burger	£9.95
chicken gfo	£9.95
chickpea & spinach falafel v vo gfo	£8.95
add cheese	£1.00
add bacon	£1.50
side of mini corn	£1.50

bigger eatz

beef steak pie	£11.95
fries and seasonal vegetables	
butternut, brie and beetroot tart v gf	£9.95
served with mixed salad, sun-dried tomatoes and olives	
8oz rump steak	£12.95
served with fries, mini corn, roasted tomatoes and mixed leaves	
Thai green chicken curry gf	£10.95
in a coconut, green pepper, ginger, garlic and green chilli sauce, served with Basmati rice	
bbq baby back ribs	£10.95
with fries, mini corn, slaw and bbq beans	
stone-baked bbq chicken pizza	£9.95
chicken breast with red onion, peppers and mozzarella	
mac n cheese v	£9.95
macaroni in a creamy cheese sauce served with garlic bread and mixed salad	
chilli beef gf	£10.95
served with Basmati rice, tortilla chips and sour cream	

sides £2.95

fries	mixed leaf/tomato salad
sweet potato fries	garlic bread
seasonal vegetables	bowl of olives

desserts

add a hot drink for £1.50

ice cream gf vanilla, strawberry or chocolate	£4.95
cinder toffee brownie vo gf honeycomb pieces drizzled in dark chocolate served with ice cream	£5.95
New York style cheesecake with ice cream and a compote of berries	£5.95
fresh fruit salad gf with Greek style yoghurt or ice cream	£4.95
sticky toffee pudding gf with vanilla ice cream	£5.95

v vegetarian gf gluten-free vo vegan option

hot drinks

latte	£2.95
cappuccino	£2.95
americano	£2.75
espresso	£2.75
flat white	£2.95
hot chocolate	£2.95
mocha	£3.25
tea	£2.45
speciality tea	£2.95

wine list

white

125ml 175ml 250ml bottle

Short Mile Bay Chardonnay, South-Eastern Australia light & fruity with a hint of honey flavours	£3.95	£4.75	£6.00	£15.95
Da Luca Pinot Grigio, Sicily Italy dry, ripe with hints of grapefruit and apples	£4.50	£5.25	£6.50	£17.50
Waipara Hills Sauvignon Blanc Marlborough, New Zealand beautiful dry wine with citrus and melon notes	£4.75	£5.50	£6.75	£18.95

red

Berri Estates Shiraz, South-Eastern Australia easy drinking medium-bodied with dark berry flavours	£3.95	£4.75	£5.95	£15.95
Veramonte Merlot Reserva Casablanca Valley, Chile rich chocolate and full-bodied with cherry and plum aromas	£4.80	£5.75	£6.95	£18.95
Portillo Malbec, Uco Valley Mendoza, Argentina lingering peppery with hints of plum and black berries	£4.80	£5.75	£6.95	£18.95

rosé

Whispering Hills White Zinfandel, California, USA light, easy and sociable	£4.75	£5.50	£6.50	£17.95
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sparkling / champagne

bottle

Il Baco da Seta Prosecco, Italy extra dry with a little more richness	£16.95
Prosecco Fantinel, Italy extra dry a great aperitif fresh and fruity	£19.95
Veuve Clicquot Yellow Label Brut, France rich & dry with a depth one would expect	£59.00

spirits

rum

Bacardi Carta Blanca	£2.95
Bacardi Carta Fuego	£2.95
Bacardi Carta Negra	£3.15
Cut Overproof 75.5%	£5.65
Kraken	£4.25
Red Leg Spiced	£3.55
Sailor Jerry	£3.45

cognac

Courvoisier VS	£4.50
Courvoisier VSOP	£4.95

whisky

Chivas Regal 12yr	£4.45
Famous Grouse	£3.25
Jameson Irish	£3.25
Monkey Shoulder	£4.45

single malts

Balvenie Double Wood 12yr	£5.75
Glenfiddich 12yr	£5.45
Glenlivet 12yr	£5.45
Glenlivet 18yr	£8.25
Glenmorangie 10yr	£5.95
Jameson Red Breast 12yr	£4.75
Jura 10yr	£5.45
Penderyn Welsh Whisky	£4.75

bourbons

Bulleit	£3.75
Jack Daniel's	£3.55
Jack Daniel's Honey	£3.75
Jack Daniel's Fire	£3.75
Maker's Mark	£4.95

gin

Boë	£4.95
Bombay Sapphire	£3.50
Brecon	£4.95
Tanqueray	£3.25
Tanqueray N°10	£4.75
Pinkster	£4.75
Star of Bombay	£4.75
Whitley Neill	£4.75

vodka

Absolut	£3.25
Crystal Head	£5.75
Five Vodka	£4.45
New Amsterdam	£2.95
Smirnoff	£3.15
Wyborowa Exquisite	£5.75

liqueurs / speciality

Amaretto - Disaronno	£3.25
Baileys 50ml	£3.25
Jagermeister	£3.25
Sambuca	£3.25
Southern Comfort	£3.25
Tequila	£3.25
Tia Maria	£3.25

drinks

beers

Budweiser 330ml	£3.95
Corona 330ml	£3.95
Peroni 330ml	£3.95
San Miguel 330ml	£3.95

ciders

Kopparberg Ciders 500ml	£5.95
Thatcher's Gold 500ml	£5.15
Thatcher's Somerset Haze 500ml	£5.35

craft & speciality

Brewdog Dead Pony 330ml	£4.75
Brewdog Punk 330ml	£4.75
Blue Moon 330ml	£4.75
Guinness 520ml	£5.45
Kwak 330ml	£8.00

ask server for full range of craft beers

soft drinks

Coke 330ml	£2.25
Coke Zero 330ml	£1.95
Diet Coke 330ml	£1.95
Fever-Tree Tonics & Soda Mixers 200ml	£2.25
J2O 275ml	£2.45
Belvoir Organic Elderflower 250ml	£2.75
Belvoir Organic Ginger Beer 250ml	£2.75
Belvoir Raspberry Lemonade 250ml	£2.75
Red Bull 250ml	£3.00
Still or Sparkling water 500ml	£1.95
Still or Sparkling water 1l	£3.75

www.sleeppez.com



Sleeperz Hotel Cardiff

